

Village Peeps After-School Program

Spring 2018 (January 8 through June 12)

Monday through Friday 3:30pm - 5:00pm

Saturday mornings Kinder-Choir 9:30am - 10:30am

Mondays: Introduction to Sewing and Knitting

Teacher: Ms. Anna Rockwell

anna.rockwell@newamsterdamschool.org

Open to children 5 - 8

No class on: 1/15, 2/19, 4/2, 5/28

Ms. Anna Rockwell is a Waldorf graduate from the Vancouver Waldorf School in B.C. Canada. She is also a painter with an MFA from the San Francisco Art Institute. Anna has been teaching at New Amsterdam School as an assistant teacher in both the grades and early childhood programs since 2013. Anna currently works as the admissions coordinator.

In this class children will learn basic mending skills including how to sew on a button, stitch together a torn seam on a limb of a doll or stuffed animal. The Village Peeps will provide mending for all of the early childhood classrooms at New Amsterdam School including dolls, soft toys, and small blankets. Children are also welcome to bring items from home to repair such as toys and/or clothes.

Other guided sewing projects will include a pincushion, needle book, bean bag and a small drawstring bag or pillow. Children will learn the running stitch and the blanket stitch. We will also be doing some weaving, embroidery, finger knitting and knitting with two needles.

Tuesday: Spanish Cooking and Language

Teacher: Ms. Alex Cerda

alexjandra.cerda@newamsterdamschool.org

Open to children 5 - 8

No class on: 2/20, 4/3

Spanish teacher: Alex Cerda

Ms. Alex was born in Chile and grew up in Chile and New York. She is our elementary-level Spanish teacher and an assistant kindergarten teacher. Ms. Alex holds a degree in early childhood education and is currently earning her Waldorf teacher certification at Sunbridge Institute in Spring Valley, NY.

Ven conmigo! From farmers of lands of far, we will welcome our green basket. Each class the basket will bring us different fresh organic ingredients with which we will live the Spanish culture and language through singing, speaking and cooking foods from Central America, South America and Spain.

Wednesday: New Amsterdam Children's Choir

Music director: Ms. Anna Park
anna.park@newamsterdamschool.org
Open to children in first - third grade
No class on: 2/21, 4/4

Ms. Park is a music director, pianist, and Waldorf teacher who trained at The Juilliard School and Oberlin College and Conservatory. Ms. Park has performed at numerous venues worldwide including Carnegie Hall and Lincoln Center.

Our after-school choral program draws on the rich tradition of classical and choral singing, with instruction inspired by the Kodaly methods. Our series will focus on the foundations of music making, including fine-tuned listening, melody, pitch, healthy vocal practice, and musicianship.

Thursday: Mindful Peeps

Teacher: Mrs. Stav Pinder
stav@mindfulstartyoga.com
Open to children 5 - 8
No class on: 2/22, 4/5

Mrs. Stav is a three-time Certified Kids Yoga teacher and has practiced yoga with children for more than a decade. She has used yoga, deep breathing, and mindfulness, as her own stress-free apparatus.

Our after-school Mindful Peeps program entails mindful mind-body movement, breathing, and rest. Each class will also include arts and crafts and puppetry.

Mindful movement improves strength, flexibility, and postural control, as well as promotes positive sleep quality and brain development. It boosts self-confidence, focus, attention span, and gratitude.

Friday: Spanish Arts and Language

Teacher: Ms. Alex Cerda

alexjandra.cerda@newamsterdamschool.org

Open to children 5 - 8

No class on: 2/9, 2/23, 3/16, 4/6, 5/18

Spanish teacher: Alex Cerda

Ms. Alex was born in Chile and grew up in Chile and New York. She is our elementary-level Spanish teacher and an assistant kindergarten teacher. Ms. Alex holds a degree in early childhood education and is currently earning her Waldorf teacher certification at Sunbridge Institute in Spring Valley, NY.

Demos la vuelta a las América

Ven conmigo! With stories and traditions from Central and South America, we will let ourselves be inspired each class through discovering and living the Spanish language by learning traditional games, songs, crafts, stories and sharing an organic snack.

Saturday Morning: New Amsterdam Kinder Choir

Music director: Ms. Anna Park

anna.park@newamsterdamschool.org

Open to children in kindergarten

9:30am - 10:30am

No class on: 1/20, 2/10, 2/24, 3/17, 4/7, 5/19

Ms. Park is a music director, pianist, and Waldorf teacher who trained at The Juilliard School and Oberlin College and Conservatory. Ms. Park has performed at numerous venues worldwide including Carnegie Hall and Lincoln Center.

Children will learn how to play the lyre, songs and music out of the mood of the 5th, as well as engage in listening exercises that involve natural sounds. This class was created to meet the request of NAS parents who wanted a unique and developmentally appropriate musical experience for their children.

